

May 14, 2010

Dear Chad 'CJ' Havunen

Congratulations on passing the ISSA Specialist in Performance Nutrition Final Examination! We recognize that you put forth a tremendous amount of time and effort and we commend you on a job well done. We at ISSA feel it is important for you to have feedback on your performance as a tool to focus your future studies. Please take a moment to read the comments about your examination listed by section below.

1) *Worksheet (52 questions)*

You did an excellent job in this section of the examination and earned 49 of the possible 52 points in this section of the examination. Please review questions 27, 32 and 33.

2) *Curriculum Guide Workbook Assignments:*

As with the previous section of the examination, your workbook and learning experience questions were well done. Overall your workbook was complete and you earned 137 of the possible 157 points in the workbook as a few of your answers while not incorrect, needed more elaboration. With regard to your learning experiences, the care and detail you put into your meal plans are indicative of the great service you will undoubtedly provide for your future clientele. That being said, you received 105 of the possible 120 points for the learning experiences. We feel fortunate to have a trainer of your caliber representing ISSA as a Specialist in Performance Nutrition in Virginia Beach.

3) *Written Assignment and References:*

Your work on the examination has been second to none. Although I have read countless articles on nutrition, I thoroughly enjoyed your research paper and the way you presented your paper on BCAAs and performance. You received 45 of the possible 50 points for your research paper. Overall you received 343 of the possible 379 points and a 90% final grade. Good luck on your endeavor as a Specialist in Performance Nutrition. As always, if you ever need my assistance, do not hesitate to contact me.

"Success seems to be largely a matter of hanging on after others have let go." William Feather

"Nothing in this world can take the place of persistence. Talent will not; nothing is more common than unsuccessful people with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent." Calvin Coolidge

Most Sincerely:

Patrick Gamboa B.S.MSS FNBFE

Vice President of Education & Curriculum Development

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Chief Operating Officer

International Sports Sciences Association

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